



Presents:

# STEPS TO PEACE

## A TRAUMA-FOCUSED GROUP

Presented By Diane Webb, LMHC and Jamie Coscia, LCSW

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**THIS GROUP IS DESIGNED TO ASSIST PARTICIPANTS FIND PEACE AND STABILITY AFTER TRAUMA.**

ARE YOU READY TO MOVE BEYOND TRAUMA? THIS GROUP CAN HELP YOU UNDERSTAND HOW TRAUMA UNDERMINES OUR PEACE AND WILL HELP YOU DEVELOP SKILLS TO MOVE FORWARD TOWARDS A PEACEFUL LIFE.

WE ARE OFFERING GROUPS IN THE EVENINGS AND EARLY AFTERNOON  
**WOMEN'S GROUP THURSDAYS FROM 12:30-1:30**

FOR FURTHER INFORMATION CONTACT ROCCO PEZZULO AT (518) 689-0244 EXT. 22. MOST INSURANCES ACCEPTED.

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